

2026 AFSA HCP MASTERCLASS SCHEDULE

FOOD ALLERGY MASTERCLASS - 07 FEBRUARY 2026 Mike Levin, Pieter de Waal, Tamara Kerbelker, Idonette van Zyl, Lindsay Durham			
Time	Topic	Presenter	
09:45 - 10:00	Welcome, troubleshooting and sponsors	Megan Achmat	15
10:00 - 10:20	Classification of adverse reactions to food	Mike Levin	20
10:20 - 10:35	History taking in IgE mediated food allergy	Tamara Kerbelker	15
10:35 - 10:55	Investigating IgE mediated food allergy - ImmunoCAP and skin tests	Tamara Kerbelker	20
10:55 - 11:15	Components in food allergy	Mike Levin	20
11:15 - 11:35	Cross-reactive syndromes	Pieter de Waal	20
11:40 - 12:00	Sponsors		20
12:00 - 12:30	Break		30
12:30 - 12:50	Oral food challenges	Lindsay Durham	20
12:50 - 13:10	Non-IgE mediated food allergy	Idonette van Zyl	20
13:10 - 13:40	Ethics: Over-diagnosis in food allergy	Pieter de Waal	30
13:40 - 14:10	Ethics: AI in food allergy - Friend or foe?	Idonette van Zyl	30
14:20 - 14:30	Sponsors		10

URTICARIA & ANAPHYLAXIS MASTERCLASS - 07 MARCH 2026
Mimi Deetlefs, Pieter de Waal, Jason Thoreson, Catherine McDougall

Time	Topic	Presenter	
9:45 - 10:00	Welcome & troubleshooting	Megan Achmat	15
10:00-10:20	Acute urticaria: causes, differentials and treatments	Jason Thoreson	20
10:20 - 10:40	Urticaria and angioedema phenotypes: Spectrum of diagnoses	Mimi Deetlefs	20
10:40 - 10:50	Assessment of chronic urticaria activity and severity	Catherine McDougall	10
10:50 - 11:10	Targeted therapies for chronic urticaria	Catherine McDougall	20
11:10 - 11:40	Mastocytosis - a bridge between urticaria and anaphylaxis		30
11:40 - 12:00	Sponsors		20
12:00 - 12:30	Break		30
12:30 - 12:50	Mechanism in anaphylaxis	Pieter de Waal	20
12:50 - 13:10	Risk factors, cofactors and diagnosis of anaphylaxis	Jason Thoreson	20
13:10 - 13:20	Management of anaphylaxis	Mimi Deetlefs	10
13:20 - 13:50	Ethics: Implications of over-labelling anaphylaxis	Mimi Deetlefs	30
13:50 - 14:20	Ethics: The implications of unequal access to treatments in chronic urticaria		30
14:20 – 14:30	Sponsors		10

IEI & PID MASTERCLASS – 18 APRIL 2026**Andre van Niekerk**

Time	Topic	Presenter	
09:45 – 10:00	Welcome, troubleshooting and sponsors	Megan Achmat	15
10:00 - 10:20	Recurrent infections and measuring of antibodies		20
10:20 - 10:40	Making sense of IgA		20
10:40 - 10:50	Making sense of IGM		10
10:50 - 11:10	IgE - do we even need it?		20
11:10 - 11:30	Sponsors		20
11:30 - 12:00	Break		30
12:00 - 12:50	IgG and Vaccine responses		50
12:50 - 13:20	Practical Session: Vaccine responses		30
13:20 - 14:20	Ethics: When to test and when not		60
14:20 - 14:30	Sponsors		

ASTHMA MASTERCLASS - 09 MAY 2026**Mike Levin, Charl Verwey, Sharon Kling, Tamara Kerbelker, Pieter de Waal, Shirani Naidoo**

Time	Topic	Presenter	
09:45 - 10:00	Welcome, troubleshooting and sponsors	Megan Achmat	15
10:00 - 10:20	Asthma phenotypes and endotypes	Charl Verwey	20
10:20 - 10:40	Wheezing in pre-schoolers	Pieter de Waal	20
10:40 - 11:00	Asthma diagnosis in older kids and adults	Tamara Kerbelker	20
11:00 - 11:30	Stepwise treatment of asthma	Charl Verwey	30
11:30 - 11:40	Assessment of asthma control	Tamara Kerbelker	10
11:40 - 12:00	Sponsors		20
12:00 - 12:30	Break		30
12:30 - 12:50	Interpretation of lung function tests	Mike Levin	20
12:50 - 13:05	Understanding LABAs	Mike Levin	15
13:05 - 13:20	Counselling patients on asthma	Shirani Naidoo	15
13:20 - 13:50	Ethics: Implications of living with an invisible disease	Pieter de Waal	30
13:50 - 14:20	Ethics: The ethics of breathing -asthma and clinical trials	Sharon Kling	30
14:20 - 14:30	Sponsors		10

ALLERGIC RHINITIS MASTERCLASS - 06 JUNE 2026**Riaz Seedat, Sharon Kling, Pieter de Waal, Catherine Wiseman, Tamaryn Daniller,
Heidi Facey-Thomas**

Time	Topic	Presenter	
09:45 - 10:00	Welcome, troubleshooting and sponsors	Megan Achmat	15
10:00 - 10:30	Allergic rhinitis diagnosis and differentials	Riaz Seedat	30
10:30 - 10:40	Local allergic rhinitis	Catherine Wiseman	10
10:40 - 11:00	Anatomical and functional nasal abnormalities	Tamaryn Daniller	20
11:00 - 11:20	Stepwise therapy for allergic rhinitis	Pieter de Waal	20
11:20 - 11:40	Chronic rhinosinusitis with nasal polyposis	Catherine Wiseman	20
11:40 - 12:00	Sponsors		20
12:00 - 12:30	Break		30
12:30 - 12:40	Using nasal sprays and washouts effectively	Heidi Facey-Thomas	10
12:40 - 13:00	Practical allergen avoidance and reduction	Tamaryn Daniller	20
13:00 - 13:20	Practical rhinitis allergen immunotherapy in South Africa	Pieter de Waal	20
13:20 - 14h00	Ethics: The moral duty of accurate diagnosis in rhinitis	Riaz Seedat	30
14:00 - 14:20	Ethics: Cure or commodity - disparities in access to immunotherapy	Sharon Kling	30
14:20 - 14:30	Sponsors		10

CONJUNCTIVITIS AND THE RED EYE MASTERCLASS - 25 JULY 2026**Neeran Narainswami**

Time	Topic	Presenter	
09:45 - 10:00	Welcome, troubleshooting and sponsors	Megan Achmat	15
10:00 - 10:20	The red eye -Allergies and differential diagnosis		20
10:20 - 10:50	Types and diagnosis of allergic conjunctivitis		30
10:50 - 11:00	The dry eye		10
11:00 - 11:20	Non-infective, non-allergic conjunctivitis		20
11:20 - 11:50	Stepwise treatment of allergic conjunctivitis		30
11:50 - 12:00	Sponsors		10
12:00 - 12:30	Break		30
12:30 - 12:45	Steroids and the eye and steroid induced glaucoma		15
12:45 - 13:05	Irritant conjunctivitis: giant papillary conjunctivitis and irritant conjunctivitis		20
13:05 - 13:20	Conjunctival infections		15
13:20 - 13:50	Ethics: The cost of misdiagnosis in conjunctivitis		30
13:50 - 14:20	Ethics: Balancing the demand for immediate relief vs long term harm when treating		30
14:20 - 14:30	Sponsors		10

ECZEMA & ANGIOEDEMA MASTERCLASS – 12 SEPTEMBER 2026**Mike Levin, Suretha Kannenberg, Mimi Deetlefs, Tamara Kerbelker, Marshe Maharaj**

Time	Topic	Presenter	
09:45 - 10:00	Welcome, troubleshooting and sponsors	Megan Achmat	15
10:00 - 10:20	The defective skin barrier	Mike Levin	20
10:20 - 10:40	The differential diagnosis and diagnosis of AD	Marshe Maharaj	20
10:40 - 11:00	Practical topical treatment of AD	Mike Levin	20
11:00 - 11:10	Assessment of severity and response to treatment in AD	Suretha Kannenberg	10
11:10 - 11:30	Systemic and immunological treatment options in AD	Suretha Kannenberg	20
11:30 - 11:50	Sponsors		20
11:50 - 12:20	Break		30
12:20 - 12:40	Classification of and approach to recurrent angioedema	Mimi Deetlefs	20
12:40 - 13:00	HAE pathology and subtypes	Tamara Kerbelker	20
13:00 - 13:20	Current therapeutic options in HAE	Tamara Kerbelker	20
13:20 - 13:50	Ethics: The neglect of dermatological suffering in Ad as a non-life-threatening condition	Suretha Kannenberg	30
13:50 - 14:20	Ethics: The emotional and ethical burden of uncertainty in recurrent angioedema	Mimi Deetlefs	30
14:20 - 14:30	Sponsors		10

DRUG ALLERGY MASTERCLASS – 17 OCTOBER 2026**Rannakoe Lehloenya, Mimi Deetlefs, Mireille Porter, Cathryn McDougall, Sarah Pedretti**

Time	Topic	Presenter	
09:45 - 10:00	Welcome, troubleshooting and sponsors	Megan Achmat	15
10:00 - 10:20	Overview of adverse drug reactions	Rannakoe Lehloenya	20
10:20 - 10:40	Penicillin allergy and the importance of delabeling in South Africa	Mimi Deetlefs	20
10:40 - 11:10	Delayed ADRs	Rannakoe Lehloenya	30
11:10 - 11:30	Basophil activation test and CASTs in ADRs	Sarah Pedretti	20
11:30 - 11:50	Skin and drug provocation testing	Mireille Porter	20
11:50 - 12:10	Sponsors		20
12:10 - 12:30	Break		20
12:30 - 12:50	NSAIDs		20
12:50 - 13:10	Peri-operative anaphylaxis	Mimi Deetlefs	20
13:10 - 13:30	Drug desensitisation for immediate hypersensitivity		20
13:30 - 14:00	Ethics: The duty of ADR disclosure to patients and authorities	Mireille Porter	30
14:00 - 14:30	Ethics: The consequences of over-labelling "drug-allergy" in patients		30