

URTICARIA & ANAPHYLAXIS MASTERCLASS - 07 MARCH 2026
Mimi Deetlefs, Pieter de Waal, Jason Thoreson, Catherine McDougall

Time	Topic	Presenter	
9:45 - 10:00	Welcome & troubleshooting	Megan Achmat	15
10:00-10:20	Acute urticaria: causes, differentials and treatments	Jason Thoreson	20
10:20 - 10:40	Urticaria and angioedema phenotypes: Spectrum of diagnoses	Mimi Deetlefs	20
10:40 - 10:50	Assessment of chronic urticaria activity and severity	Catherine McDougall	10
10:50 - 11:10	Targeted therapies for chronic urticaria	Catherine McDougall	20
11:10 - 11:40	Mastocytosis - a bridge between urticaria and anaphylaxis		30
11:40 - 12:00	Sponsors		20
12:00 - 12:30	Break		30
12:30 - 12:50	Mechanism in anaphylaxis	Pieter de Waal	20
12:50 - 13:10	Risk factors, cofactors and diagnosis of anaphylaxis	Jason Thoreson	20
13:10 - 13:20	Management of anaphylaxis	Mimi Deetlefs	10
13:20 - 13:50	Ethics: Implications of over-labelling anaphylaxis	Mimi Deetlefs	30
13:50 - 14:20	Ethics: The implications of unequal access to treatments in chronic urticaria		30
14:20 – 14:30	Sponsors		10