

DATE: 24 May 2025			
Featured 2025 speakers: Riaz Seedat, Sharon Kling, Pieter De Waal, Candice Royal, Marinda McDonald			
ALLERGIC RHINITIS MASTERCLASS			
09:45 - 09:50	Welcome, introduction of program, troubleshooting technology	Megan Achmat	5
09:50 - 10:00	Sponsors (Aspen, Bayer)		10
10:00 - 10:20	Allergy rhinitis diagnosis and differentials	Riaz Seedat	20
10:20 - 10:30	Assessing severity and control of AR	Pieter De Waal	10
10:30 - 10:50	Anatomical and functional nasal abnormalities	Kate Wright	20
10:50 - 11:00	Identification and treatment of gustatory and geriatric rhinitis	Pieter De Waal	10
11:00 - 11:20	Stepwise therapy for rhinitis	Candice Royal	20
11:20 - 11:30	Questions	ALL	10
11:30 - 12:00	Sponsors (Cipla, Glenmark, Inova, NNIA, Thermofisher, Viatris)		30
Break			
12:30 - 12:50	ETHICS: Choosing wisely: Are lab tests required for AR?	Marinda McDonald	20
12:50 - 13:10	Pro's and con's of allergen avoidance in AR	Candice Royal	20
13:10 - 13:30	Advances in antihistamines and nasal steroids	Marinda McDonald	20
13:30 - 13:50	ETHICS: Choosing wisely: immunotherapy for AR in South Africa	Marinda McDonald	20
13:50 - 14:00	Teaching patients to use nasal sprays and washouts effectively	Heidi Facey-Thomas	10
14:00 - 14:20	ETHICS: Access to appropriate treatment for AR in SA	Sharon Kling	20
14:20 - 14:30	Competition & close	Megan Achmat	